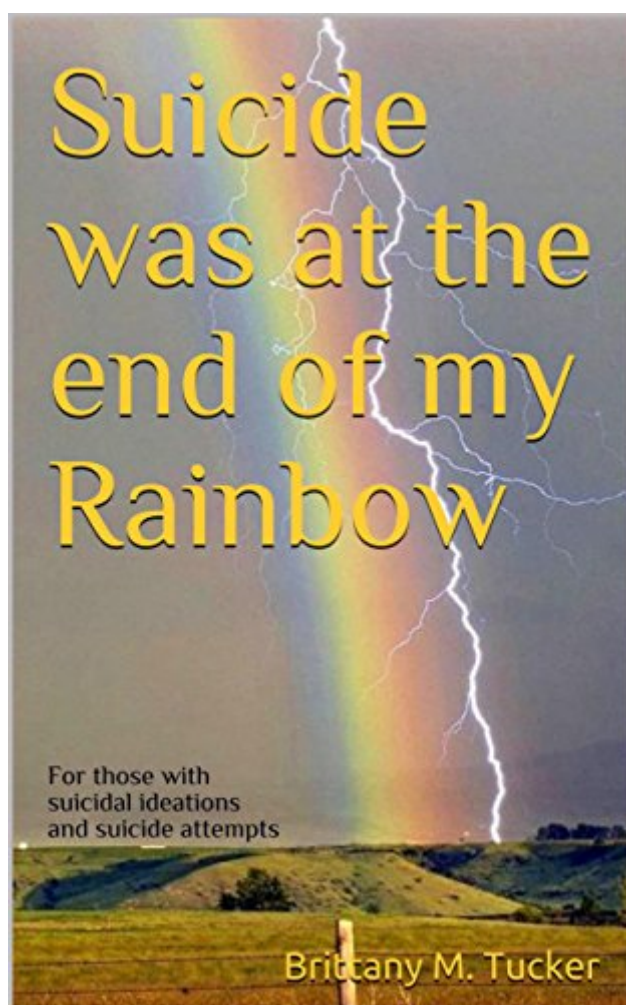


The book was found

Suicide Was At The End Of My Rainbow: For Those With Suicidal Ideations And Suicide Attempts



Synopsis

August two-thousand sixteen. Nothing spectacular about this month; nothing out of the ordinary. But for me, Brittany M. Tucker, it was the beginning of what felt like a hellish joke. A seed given directly from Satan. I was battling suicidal ideations, and even went on to attempt it; twice. From July to February of the following year, I was bent on finding a way to happiness and freedom. I was running from doubt, hopelessness, agitation, self-hate, irritability, embarrassment, and self-loathing. I didn't see an end to my troubles, or a patch for my wounds. All I saw was more failure, more sickness, more regret, and no hope. I did not want to live anymore. I did not want to smell the sunflowers a final time, I didn't want to eat pizza one last time, and I surely didn't want to hug my parents one last time. I wanted to die. I wanted to disappear. I wanted to cease to exist. This intensely, and sometimes inappropriately, detailed work, follows my path from suicidality to ever changing mood stabilizers, and finally; contempt. I describe my suicide attempts in grave detail; my thought process and inward feelings. I talk about my sexuality in relation to my mother, father, and siblings. I speak about my affair, and how it intertwined with my second suicide attempt. I address my life in the military, and how every aspect took a toll on my career. This work covers a lot of ground and can relate to multiple people in more than one category. Gay and Lesbian individuals deal with suicide and family issues as I did. Military members endure a different environment of mental health than most civilians. Parents who have children who've committed suicide often wonder why, they cannot understand how the brain works, and why an individual would go as far as to make a permanent solution to a temporary problem. Similarly, there are teens and young adults who right now are seeking help, compassion, and understanding. Most importantly, they are seeking someone, with the same background, to tell them why they should not do it. My memoir is about hearing that voice. The beacon that one can listen to and see a light of hope. While in alcohol addiction treatment, we were forced to read the Big Book of Alcoholics Anonymous. It was a moving read, filled with compassion and understanding. I want to invent the same concept for those who struggle with suicide. Too many people suffer from this affliction and I want to assist in being a voice of reason, because there is hope. Someone just has to show it to them.

Book Information

File Size: 1610 KB

Print Length: 118 pages

Page Numbers Source ISBN: 1520917104

Publication Date: March 21, 2017

Sold by:Â Digital Services LLC

Language: English

ASIN: B06XSP14JX

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #597,719 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12

inÂ Books > Teens > Social Issues > Suicide #166 inÂ Books > Gay & Lesbian > Literature &

Fiction > Drama #173 inÂ Kindle Store > Kindle eBooks > Lesbian, Gay, Bisexual & Transgender eBooks > Drama & Plays

Customer Reviews

Great Read! Inspirational and all around good truthful story telling. Reminded me a lot of my own short comings.

Lousy writing. Misspellings and bad grammar throughout. Waste of time and money.

[Download to continue reading...](#)

Suicide was at the end of my Rainbow: For those with suicidal ideations and suicide attempts
Rainbow Magic Rainbow Fairies Set: Las Hadas del Arco Iris (Spanish) Books 1-7 (Rainbow Magic
Rainbow Fairies) Rainbow Boa. Rainbow Boas as Pets. Rainbow Boa, Biology, Behavior,
Husbandry, Daily Care, Enclosures, Costs, Diet, Interaction and Health. The Interpersonal Theory of
Suicide: Guidance for Working with Suicidal Clients A Quiet Strong Voice: A Voice of Hope amidst
Depression, Anxiety, and Suicidal Thoughts Risk Management with Suicidal Patients Managing
Suicidal Risk, Second Edition: A Collaborative Approach I'm Suicidal. Now What? (Teen Life 411)
The Adventures of Rainbow Fish: A Collection (The Rainbow Fish) No Impact Man: The Adventures
of a Guilty Liberal Who Attempts to Save the Planet, and the Discoveries He Makes About Himself
and Our Way of Life in the Process How to Live: Or A Life of Montaigne in One Question and
Twenty Attempts at an Answer A Viking Voyage: In Which an Unlikely Crew of Adventurers
Attempts an Epic Journey to the New World Assassination!: The Brick Chronicle Presents Attempts
on the Lives of Twelve US Presidents Assassination!: The Brick Chronicle of Attempts on the Lives

of Twelve US Presidents Parliament of Whores: A Lone Humorist Attempts to Explain the Entire U.S. Government (O'Rourke, P. J.) Attempts on Her Life Seuss-isms! A Guide to Life for Those Just Starting Out...and Those Already on Their Way Those Who Work, Those Who Don't: Poverty, Morality, and Family in Rural America The Solo Traveler's Handbook: For Those Who Love And Those Who Long To Go Solo The Rule of Empires: Those Who Built Them Those Who Endured Them and Why They Always Fall

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)